



Michelle Ledford

Michelle is our new Executive Director at The Landing of Stow. She has been working in the senior industry since 2003. She started out volunteering in nursing homes prior to 2003 when she discovered that working with seniors was her passion. Michelle is an advocate for memory care residents suffering from Alzheimer's or Dementia. Michelle has been married to her husband ,Tony , for 16 year. She has one dog , Darby , and loves the outdoors, sports, hiking, adult coloring, and spending quality time with her family. Michelle looks forward to meeting all of our family members.



Krista Hoffman

Krista is our new Community Relations Director. She was born in Akron and currently resides in Canton. Along with Ohio she has also lived in San Francisco, Visalia, and Irvine California. She received her degree in Marketing from Western Michigan University in Kalamazoo, Michigan. She has years of experience in hospitality and senior living. Krista has 3 children, Bryant 29, Brianna 26, and Harrison 17. Also 2 grandchildren, Gara 5, and Lennon 2. She enjoys baking, heirloom gardening, and musical theatre. She also has a passion for womens rights and human rights.




The Landing
of STOW
Assisted Living & Memory Care

The Landing of Stow

October 2020

5511 Fishcreek Rd
Stow, OH 44224



October 2020 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:15 Morning Exercise 10:00 Virtual Catholic Communion 10:30 Meditation Class 1:15 Afternoon Exercise Class 2:00 Entertainment with Bud Couts 3:30 Musical Jeopardy	9:15 Morning Exercise 10:30 Tic Tac Toe Trivia 1:15 Afternoon Exercise Class 2:00 Happy Hour 3:00 Stretching and Relaxation	9:15 Morning Exercise 10:15 Bingo with 8 People 1:15 Bingo with 8 People 3:00 Afternoon Exercise Class
9:15 Morning Exercise 10:15 Who Am I.... 1:15 Finish the Lyrics 3:00 Afternoon Exercise Class	9:15 Morning Exercise 10:30 Begins with... Word Game 1:15 Afternoon Exercise Class 2:00 Individual Exercise 2:00 Making a Lavender and Lemon Sugar Scrub from the Herb Garden	9:15 Morning Exercise 10:30 Corn Hole 1:15 Afternoon Exercise Class 2:00 In Room Activity Cart 3:00 Seated Exercise	9:15 Morning Exercise 10:30 Bingo with 8 People 1:15 Afternoon Exercise Class 2:00 Bingo with 8 People	9:15 Morning Exercise 10:00 Virtual Catholic Communion 10:30 Meditation Class 1:15 Afternoon Exercise Class 2:30 Drum Fit Class	9:15 Morning Exercise 10:30 Manicures 1:15 Afternoon Exercise Class 2:00 Happy Hour 3:30 Health Talk with Melissa	9:15 Morning Exercise 10:15 Bingo with 8 People 1:15 Bingo with 8 People 3:00 Afternoon Exercise Class
9:15 Morning Exercise 10:15 Making Chocolate Covered Strawberries 1:15 Bowling 3:00 Afternoon Exercise Class	Columbus Day 9:15 Morning Exercise 10:30 Story Time 1:15 Afternoon Exercise Class 2:00 Paint & Sip with 8 People 3:00 Walking Club	9:15 Morning Exercise 10:30 Making Basil Hummus Dip from the Herb Garden 1:15 Afternoon Exercise Class 2:00 In Room Activity Cart 2:00 Walker and Wheelchair Clinic 3:30 Name That Tune	9:15 Morning Exercise 10:30 Bingo with 8 People 1:15 Afternoon Exercise Class 1:30 Bingo with 8 People 3:00 Virtual Protestant Communion	9:15 Morning Exercise 10:00 Virtual Catholic Communion 10:30 Brain Games 1:15 Afternoon Exercise Class 1:30 Voting 3:00 Balance Class with Melissa	9:15 Morning Exercise 10:30 POKENO with 8 People 1:15 Afternoon Exercise Class 2:00 Happy Hour 2:00 Individual Exercise	9:15 Morning Exercise 10:15 Bingo with 8 People 1:15 Bingo with 8 People 3:00 Afternoon Exercise Class
9:15 Morning Exercise 10:15 Word in Word 1:15 Mini Pumpkin Painting 3:00 Afternoon Exercise Class	9:15 Morning Exercise 10:30 Holiday Door Hanger Craft 1:15 Afternoon Exercise Class 2:00 Cider & Donut Social 3:00 Seated Strength Class	9:15 Morning Exercise 10:30 Making Basil Hummus Dip from the Herb Garden 1:15 Afternoon Exercise Class 2:00 In Room Activity Cart 3:00 Seated Volleyball	9:15 Morning Exercise 10:30 Bingo with 8 People 1:15 Afternoon Exercise Class 2:00 Bingo with 8 People	9:15 Morning Exercise 10:00 Virtual Catholic Communion 10:30 Meditation Class 1:15 Afternoon Exercise Class 3:00 Virtual Bible Study with Mickey & Rich	9:15 Morning Exercise 10:30 Making Peanut Butter Cocoa Bars 1:15 Afternoon Exercise Class 2:00 Happy Hour 3:00 Walking Club	9:15 Morning Exercise 10:15 Coffee & Chat with Halloween Stories 2:00 Trick-or-Treating 3:00 Afternoon Exercise Class
9:15 Morning Exercise 10:15 Bingo with 8 People 1:15 Bingo with 8 People 3:00 Afternoon Exercise Class	9:15 Morning Exercise 10:30 Corn Hole 1:15 Afternoon Exercise Class 2:00 Common Bonds 3:00 Tai Chi	9:15 Morning Exercise 10:30 Manicures 1:15 Afternoon Exercise Class 2:00 In Room Activity Cart 3:00 Ladder Toss	9:15 Morning Exercise 10:30 Bingo with 8 People 1:15 Afternoon Exercise Class 2:00 Bingo with 8 People	9:15 Morning Exercise 10:00 Virtual Catholic Communion 10:30 Jingo with 8 People 1:15 Afternoon Exercise Class 2:30 Drum Fit Class	9:15 Morning Exercise 10:30 Halloween Themed Brain Games 1:15 Afternoon Exercise Class 2:30 Halloween Party 3:15 Staff Halloween Costume Contest	Halloween 9:15 Morning Exercise 10:15 Halloween Humor 1:15 Halloween Song Trivia 3:00 Afternoon Exercise Class