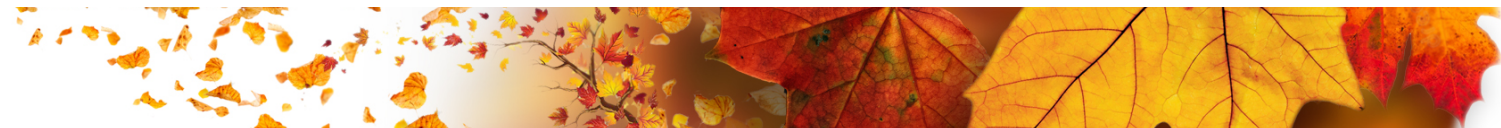



October 2020 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>The Landing of STOW Assisted Living & Memory Care</p>			<ul style="list-style-type: none"> ♥ Emotional 💡 Intellectual 🚶 Physical ★ Purposeful 🌿 Social 🦋 Spiritual 	9:30 🚶 Sports Moves 1 10:00 🚶 Infusion Bar 11:30 💡 Jingle Jumble 2:00 ★ Creature Craft 2:30 🌿 Prize Bingo 3:30 🚶 Walking Club 4:00 🌿 Fruit of the Month Club 7:00 🦋 Music in Motion	9:30 🚶 Seated Aerobics 2 10:00 🚶 Infusion Bar 11:30 💡 Name That Tune 1:00 🌿 Trips and Travels 2:00 ★ Crafty Club: Suncatchers 3:30 🚶 Walking Club 4:00 🌿 Uncorked 7:00 ♥ Montessori Life	9:30 🚶 Rocking and Rolling 3 10:00 🚶 Infusion Bar 11:30 💡 A World of Good: News 1:00 🌿 Be Our Guest 2:00 ★ Puzzle Club 3:30 🚶 Walking Club 4:00 🌿 Dominos 7:00 💡 Pass the Popcorn
9:30 🚶 Zumba Gold 4 10:00 🚶 Infusion Bar 11:30 💡 Treeval Word Game: Peacemakers 2:00 ★ World of Color 3:30 🚶 Walking Club 4:00 🌿 Green Thumb Gardeners 7:00 🦋 Church Gathering and Worship	9:30 🚶 Sittercise 5 10:00 🚶 Infusion Bar 11:30 💡 Treeval: Word Game Food Combos 2:00 ★ Leaf and Floral Printing 3:30 🚶 Walking Club 4:00 🌿 Patio Put-Put 7:00 ♥ Singing with Susie Q	9:30 🚶 Ageless Grace 6 10:00 🚶 Infusion Bar 11:30 💡 Team's Choice Trivia 2:00 ★ Makeover Madness Photo Shoot 3:30 🚶 Walking Club 4:00 🌿 Freerice 7:00 🦋 Timeless Melodies Choir Club	9:30 🚶 Ribbon Dance 7 10:00 🚶 Infusion Bar 11:30 💡 Higher or Lower 2:00 ★ Colorful Relaxation 3:30 🚶 Walking Club 4:00 🌿 Garden Rocks 7:00 ♥ Chapter Chat	9:30 🚶 Volleyball 8 10:00 🚶 Infusion Bar 11:30 💡 Word Search 2:00 ★ Paint Pour 2:30 🌿 Prize Bingo 3:30 🚶 Walking Club 4:00 🌿 Resident Spotlight: My History 7:00 🦋 Meditation Circle	9:30 🚶 Kickball 9 10:00 🚶 Infusion Bar 11:30 💡 Pictionary 1:00 🌿 Trips and Travels 2:00 ★ Crafty Club: Jewelry Making 3:30 🚶 Walking Club 4:00 🌿 Uncorked 7:00 ♥ Montessori Life	9:30 🚶 Chair Dance 10 10:00 🚶 Infusion Bar 11:30 💡 A World of Good: News 1:00 🌿 Be Our Guest 2:00 ★ Puzzle Club 3:30 🚶 Walking Club 4:00 🌿 Wheel of Fortune 7:00 💡 Pass the Popcorn
9:30 🚶 Octaband 11 10:00 🚶 Infusion Bar 11:30 💡 Treeval Word Game: US Presidents 2:00 ★ World of Color 3:30 🚶 Walking Club 4:00 🌿 Green Thumb Gardeners 7:00 🦋 Church Gathering and Worship	Columbus Day 12 9:30 🚶 Irish Chair Dance 10:00 🚶 Infusion Bar 11:30 💡 Treeval Word Game: Food Combos 2:00 ★ Collaborative Fairy Garden 3:30 🚶 Walking Club 4:00 🌿 Armchair Travel: Ireland 7:00 ♥ Loving Reminders	9:30 🚶 Ageless Grace 13 10:00 🚶 Infusion Bar 11:30 💡 Team's Choice Trivia 2:00 ★ Pampered Paws 3:30 🚶 Walking Club 4:00 🌿 Riddle Me This 7:00 🦋 Timeless Melodies Choir Club	9:30 🚶 Sit and Be Fit 14 10:00 🚶 Infusion Bar 11:30 💡 Daily Chronicles 2:00 ★ Colorful Relaxation 3:30 🚶 Walking Club 4:00 🌿 Wacky Weeding 7:00 ♥ Chapter Chat	9:30 🚶 Badminton 15 10:00 🚶 Infusion Bar 11:30 💡 Grocery Game 2:00 ★ Aquapaint 2:30 🌿 Prize Bingo 3:30 🚶 Walking Club 4:00 🌿 Cooking Club: French Cuisine 7:00 🦋 Soothing Soundscapes	9:30 🚶 Kickball 16 10:00 🚶 Infusion Bar 11:30 💡 National Gallery of Art: Washington DC Virtual Visit 1:00 🌿 Trips and Travels 2:00 ★ Crafty Club: Newspaper Florals 3:30 🚶 Walking Club 4:00 🌿 Uncorked 7:00 ♥ Montessori Life	9:30 🚶 Ageless Grace 17 10:00 🚶 Infusion Bar 11:30 💡 A World of Good: News 1:00 🌿 Be Our Guest 2:00 ★ Puzzle Club 3:30 🚶 Walking Club 4:00 🌿 I Love Lucy 7:00 💡 Pass the Popcorn
9:30 🚶 Bean Bag Toss 18 10:00 🚶 Infusion Bar 11:30 💡 MindStart Puzzling 2:00 ★ World of Color 3:30 🚶 Walking Club 4:00 🌿 Green Thumb Gardeners 7:00 🦋 Church Gathering and Worship	9:30 🚶 TacTic Toss 19 10:00 🚶 Infusion Bar 11:30 💡 Community Choice 2:00 ★ Birthday Bash 3:30 🚶 Walking Club 4:00 🌿 Armchair Travel: France 7:00 🦋 Chicken Soup for the Soul	9:30 🚶 Ageless Grace 20 10:00 🚶 Infusion Bar 11:30 💡 Link Think 2:00 ★ Community Store 3:30 🚶 Walking Club 4:00 🌿 Scentsations 7:00 🦋 Timeless Melodies Choir Club	9:30 🚶 Bowling 21 10:00 🚶 Infusion Bar 11:30 💡 Essenti-Touch 2:00 ★ Words of Wisdom 3:30 🚶 Walking Club 4:00 🌿 Sunshine Social 7:00 ♥ Chapter Chat	9:30 🚶 Baget Baseball 22 10:00 🚶 Infusion Bar 11:30 💡 Grocery Game 2:00 ★ Aquapaint 2:30 🌿 Prize Bingo 3:30 🚶 Walking Club 4:00 🌿 Beautiful Blossoms Game 7:00 🦋 Daily Devotions	9:30 🚶 Bocce Ball 23 10:00 🚶 Infusion Bar 11:30 💡 National Museum of Modern and Contemporary Art: Korea Virtual Tour 1:00 🌿 Trips and Travels 2:00 ★ Crafty Club: Picture Perfect 3:30 🚶 Walking Club 4:00 🌿 Uncorked 7:00 ♥ Montessori Life	9:30 🚶 Home Stretch Derby 24 10:00 🚶 Infusion Bar 11:30 💡 A World of Good: News 1:00 🌿 Be Our Guest 2:00 ★ Puzzle Club 3:30 🚶 Walking Club 4:00 🌿 Planet Earth 7:00 💡 Pass the Popcorn
9:30 🚶 Frisbee Golf 25 10:00 🚶 Infusion Bar 11:30 💡 MindStart Puzzling 2:00 ★ World of Color 3:30 🚶 Walking Club 4:00 🌿 Green Thumb Gardeners 7:00 🦋 Church Gathering and Worship	9:30 🚶 Throw Tic Tac Toe 26 10:00 🚶 Infusion Bar 11:30 💡 Poetry Pals 2:00 ★ Residents Pick 3:30 🚶 Walking Club 4:00 🌿 Cooking Club: American Classic 7:00 🦋 Sentimental Serenity	9:30 🚶 Free-Throw Competition 27 10:00 🚶 Infusion Bar 11:30 💡 Montessori Life 2:00 ★ Staff Appreciation: Aroma Sachet 3:30 🚶 Walking Club 4:00 🌿 Seasonal Celebration 7:00 🦋 Timeless Melodies Choir Club	9:30 🚶 Aqua Toss 28 10:00 🚶 Infusion Bar 11:30 💡 Four Word Phrases 2:00 ★ Community Chores 3:00 🎃 Halloween Party 3:30 🚶 Walking Club 4:00 🌿 Jolly Jokes and Silly Sayings 7:00 ♥ Chapter Chat	9:30 🚶 Baget Golf 29 10:00 🚶 Infusion Bar 11:30 💡 Opposites 2:00 ★ Cooking Club: Smooth Moves 2:30 🌿 Prize Bingo 3:30 🚶 Walking Club 4:00 🌿 Stamp Art 7:00 🦋 Weekday Worship: Favorite Hymns	9:30 🚶 Senior Stretch 30 10:00 🚶 Infusion Bar 11:30 💡 High Tea 1:00 🌿 Trips and Travels 2:00 ★ Crafty Club: Stained Glass 3:30 🚶 Walking Club 4:00 🌿 Uncorked 7:00 ♥ Montessori Life	Halloween 31 9:30 🚶 Home Stretch Derby 10:00 🚶 Infusion Bar 11:30 💡 A World of Good: News 1:00 🌿 Be Our Guest 2:00 ★ Puzzle Club 3:30 🚶 Walking Club 4:00 🌿 Cookies and Conversation 7:00 💡 Pass the Popcorn